

Changing Lives... One Degree at a Time.

Office of the Chancellor

FOREWORD BY DR. JERRY FALWELL FOR

CHRISTLIKENESS AND YOUR BRAIN CHEMISTRY By Dr. Samuel Verghese

As Founder and Chancellor of Liberty University, I am pleased to write the foreword for this fascinating book because there is a real need for this kind of information. Dr. Sam Verghese was an outstanding professor in this institution for many years. He combines a vibrant spiritual relationship with Jesus Christ, profound insights into the Scriptures, and training in many scientific and medical disciplines. Sam is well qualified to write on the integration of body, brain, mind, spirit, soul and the work of the triune God in people.

Dr. Verghese explains that our bodies are genetically encoded with a need for the living God and our brain is hard-wired to recognize Him as the personal creator of our world. Some of his Bible-based concepts about the mind transforming work of the Holy Spirit, the human brain, and personal nutrition may revolutionize our thinking about the process of becoming more like Christ.

His love and compassion for people, combined with the unique ability to help people change their negative lifestyle into genuine Christlikeness are special gifts from God. Many of his examples are drawn from years of research, clinical practice, missionary work, and pastoral counseling.

Becoming more like Christ is Dr. Sam Verghese's prayer and passion. Many alumni of Liberty University have become better men and women because they heard the lectures of this godly man. The readers of this book will now have that same privilege.

I pray for God's blessing upon this important book and recommend it highly.

Jerry Falwell, Chancellor

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